

TR LINE DANCING

Dancing builds and promotes cardiovascular health through physical workouts of varying intensity. Line dancing provides a foundation for dance experience that will enable you to have balance, rhythm, timing, and better posture. No dance partner needed!



Day: Saturdays
Date: May 1, June 19, July 17
Time: 12:00 p.m. - 1:00 p.m.
Fee: \$10 per person per date
Age: 15 & older
Location: Kiwanis Recreation Center

TR ICE CREAM SOCIAL

What flavor of ice cream do you like?! What toppings do you like? Bring your favorite topping, add to what we have and join us for the social event of the year!

Day: Tuesday
Date: May 4
Time: 7:00 p.m. - 8:30 p.m.
Fee: \$5 per person
Age: 8 & older
Location: GED Room

**TR MOTHER'S DAY AFTERNOON TEA**

Bring your mom so we can celebrate her! We'll have some nice tea and scones or biscuits that have been specially made for our moms! Make sure to bring your very own special mug for your tea!



Day: Friday
Date: May 7
Time: 5:00 p.m. - 6:30 p.m.
Fee: \$2 per person
Age: 14 & older
Location: Activities House

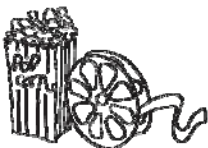
TR DEVOUR IN AN HOUR

This group is designed to help participants work through social skills while in the community.

Day: Thursdays
Date: May 27, July 29
Time: 11:30 a.m. - 2:30 p.m.
Fee: \$5 per day plus lunch money
Age: 18 & older
Location: Depart from Activities House

**TR NIGHT TO REMEMBER**

Bring a date, friend, or buddy and come and enjoy a good time with friends. We're off to a dinner and movie. Money for admission, dinner, and snacks required!



Day: Thursday
Date: June 17
Time: 5:30 p.m. - 9:00 p.m.
Fee: \$5 per person
Age: 15 & older
Location: Depart Activities House

TR WHAT'S COOKING

This program is designed for individuals with developmental and/or physical disabilities. Come learn the basics on how to plan a menu, read a recipe, measure ingredients, and prepare a simple meal. Participants will enjoy social time with their friends while eating the meal they have prepared!



Day: Mondays & Tuesdays
Date: June 14, 15, 21, 22
Time: 11:00 a.m. - 1:30 p.m.
Fee: \$60 per person
Age: 16 & older
Location: Activities House

TR AT THE THEATER

Leaping' Lizards - We're off to Legacy Theater to see their showing of *Annie*! Let's go to the show together and see how *The Sun Comes out tomorrow*!

Day: Thursday
Date: July 15
Time: 6:30 p.m. - 10:00 p.m.
Fee: \$37 per person
Age: 14 & older
Location: Depart Activities House

**TR's VERY MERRY UN-BIRTHDAY PARTY!**

Let's celebrate everyone's birthday throughout the year, at this very UN-BIRTHDAY party, "Mad Hatter" style! Wear your favorite hat and let's have a party!



Day: Wednesday
Date: July 28
Time: 6:00 p.m. - 8:00 p.m.
Fee: \$5 per person
Age: 8 & older
Location: Activities House

WHAT ARE THERAPEUTIC RECREATION PROGRAMS ?

Therapeutic Recreation programs are specifically designed for individuals with disabilities. Groups are usually small and the participant-to-staff ratio is appropriate to the needs of the group. The activities are planned to meet the interests of the participants.

